

An aerial photograph of the Grand Canyon, showing its vast, layered rock formations and deep, winding canyons. The colors range from light tan to dark brown and red. The text is overlaid on the upper half of the image.

**Enhancing Capacity within the
Dietetic Profession
to Support Health and Learning**

Lynda Corby MSc, MEd, RD FDC

Director Public Affairs

Dietitians of Canada

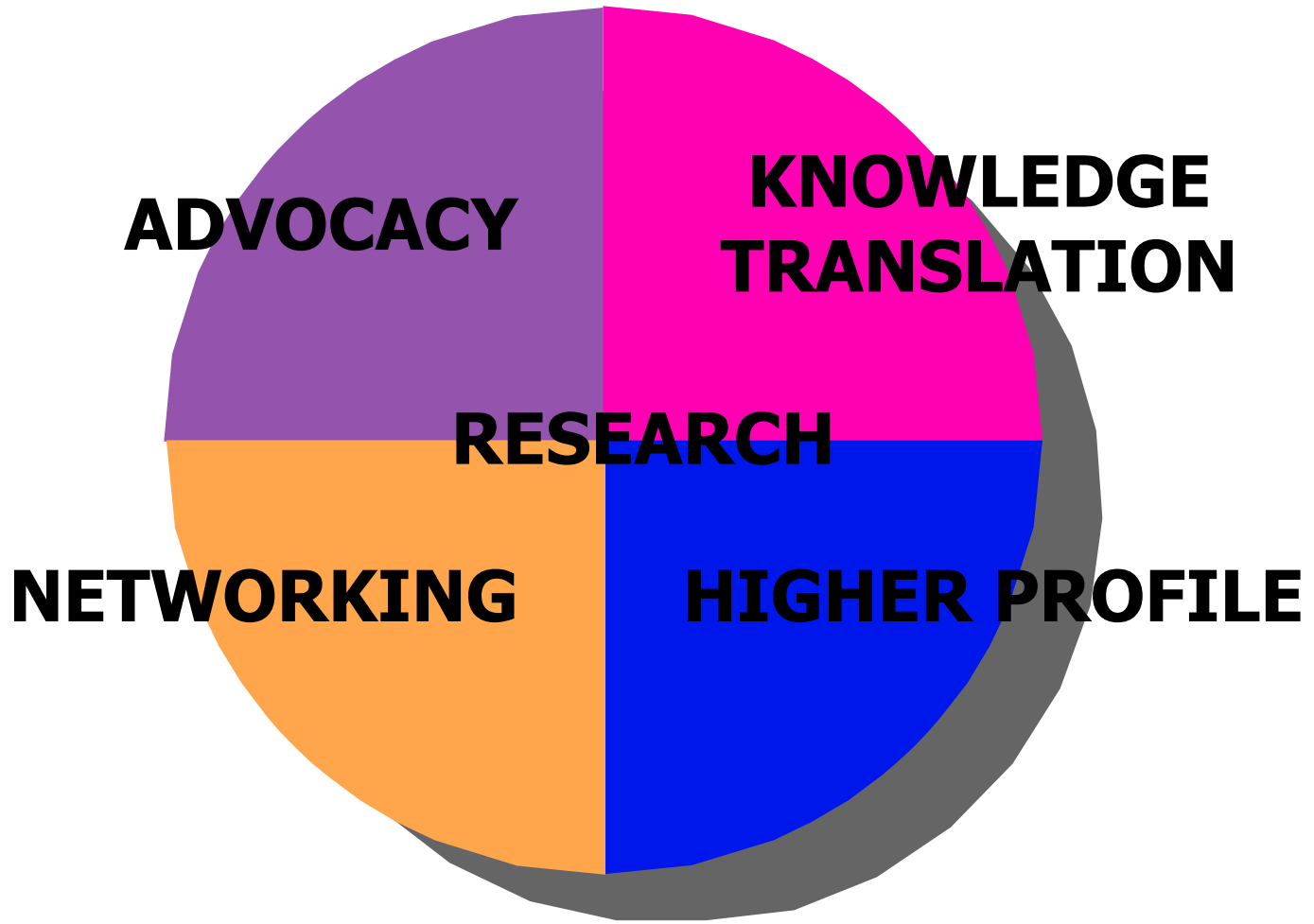


Dietitians of Canada
Les diététistes du Canada

Promoting Health Through Food & Nutrition

**Our Mission...to
lead and support
dietitians to
promote health
and well-being
through food and
nutrition**







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CFDR - Supporting Canadians' Health Through Applied Nutrition and Dietetic Research

The Canadian Foundation for Dietetic Research (CFDR) is a charitable foundation providing grants for research by dietitians.

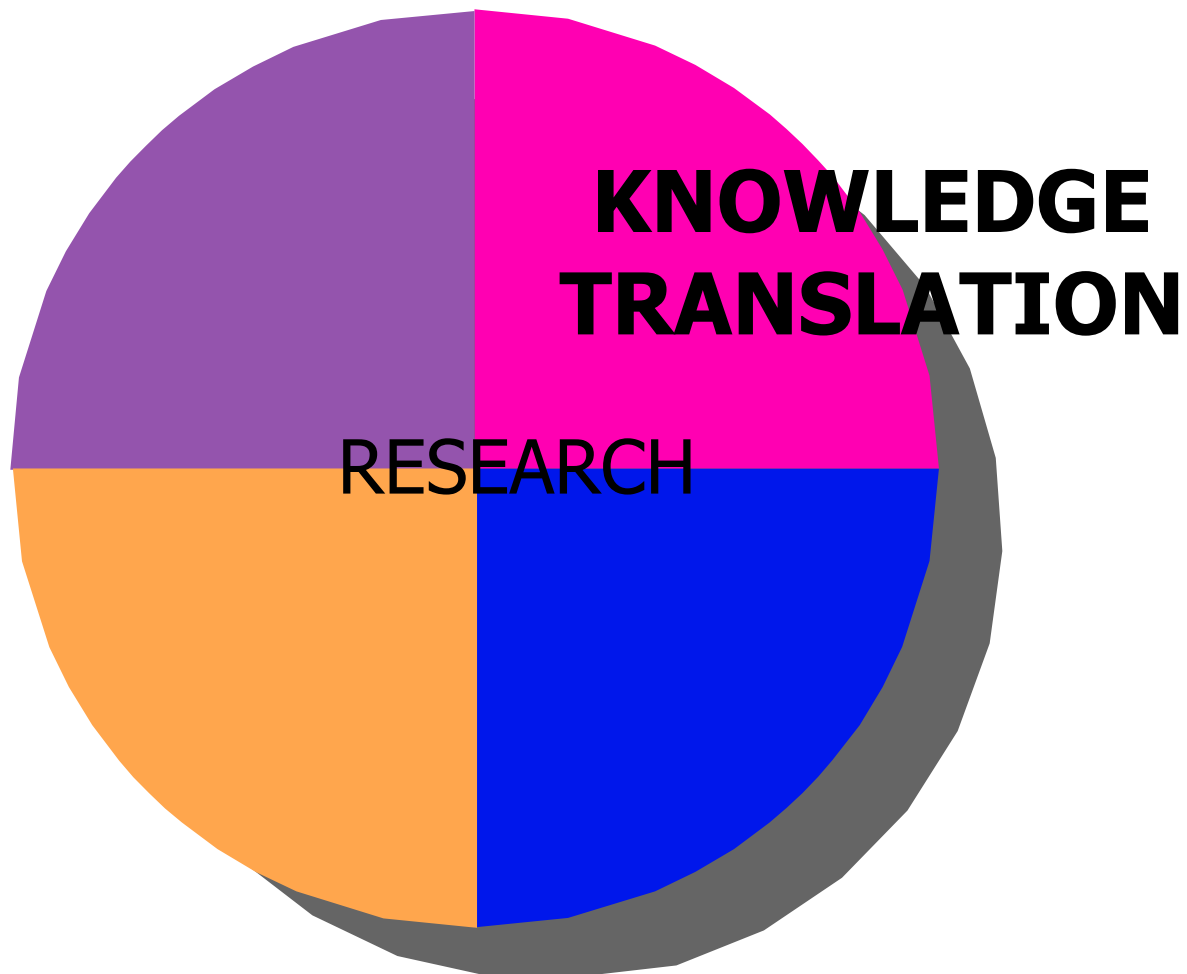
This research supports quality advice, programs, resources and service delivery - based on credible scientific evidence - in the nutrition and dietetics field. Our work is made possible by donations from corporations, individuals and other charitable foundations who share our concern for the nutritional wellbeing of Canadians.

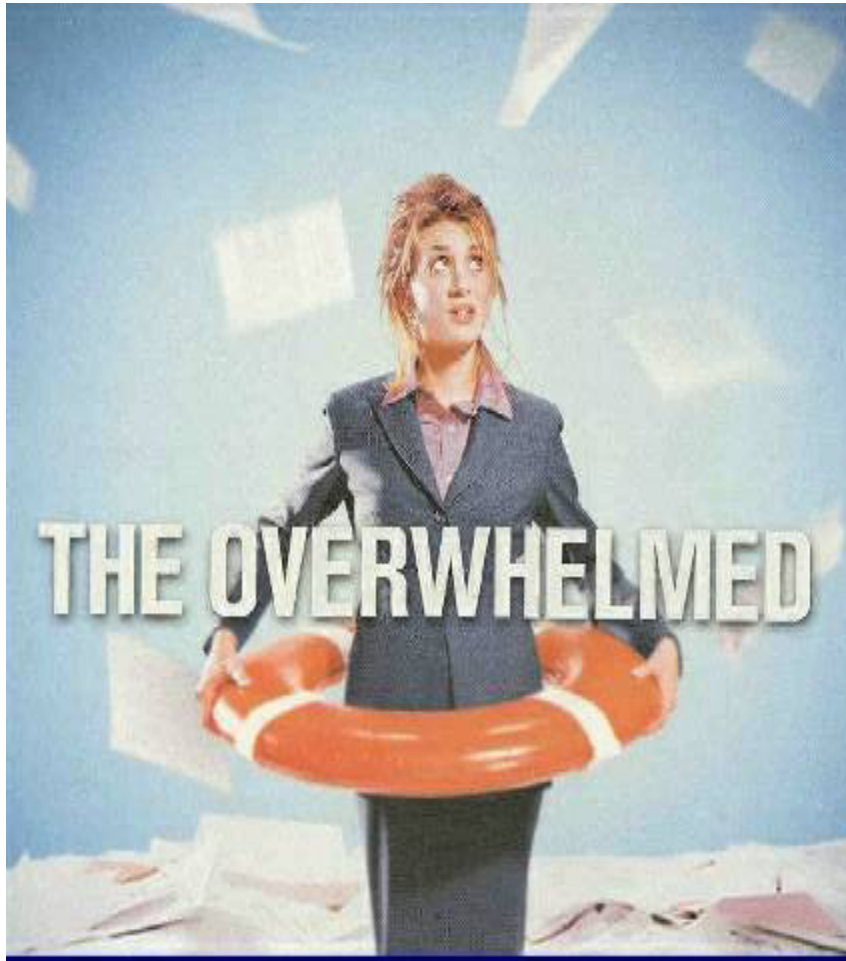




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**There is too much
knowledge for a
competent practitioner to
know all that is important
to know...**

PEN: Practice-Based Evidence in Nutrition

PEN is a dynamic service designed as a series of knowledge pathways, each focusing on a topic from the diverse practice of dietetics. Each pathway is developed from key practice questions and evidence-based answers, with links to tools and resources consistent with the evidence. Knowledge pathways are grouped under four broad Practice Categories: Population Health/Lifecycle; Health Condition/Disease; Food/Nutrients; Professional Practice.

PEN Subscribers are saying:

“ Unlike textbooks that are obsolete once they are printed, PEN provides living information, and the best available evidence to inform daily practise.

- Kristyn Hall ”



PEN DEMO



REQUIRES
FLASH PLAYER

Learn more about PEN by viewing the free animated demonstration. [Click Here.](#)

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***More great resources
and tools available from
Dietitians of Canada:***



Dietetics @ Work *your online resource to applying dietetics in the workplace*

Monday, April 14, 2008

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- Dietary Reference Intakes ▶
- Dysphagia
- Hepatitis C Course
- Other Products**
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- Evidence-Based Tutorial
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Welcome,

Lynda Corby, to Dietetics @ Work!

Are You an
ADA, DAA/ NZDA or OPDQ
Member?

[ADA Members](#) [DAA/ NZDA Members](#)
or [OPDQ Members](#)

Brought to you by Dietitians of Canada, this site is a practical professional support service. It features courses that present new science in professional practice terms and client education tools that have been tested with clients.

Already registered? Go to [My Dietetics @ Work](#)

E-Learning for Health Professionals



Take advantage of in-depth online professional education programs for nutrition and health professionals right from your desktop – easy access from anywhere, at any time, at low cost. Choose one or more courses from the following menu:



Evidence-Based Tutorial

Enhance your skills in searching the literature, evaluating the evidence and knowing if and when it applies to your practice with this interactive learning program developed in conjunction with the Centre for Health Evidence, University of Alberta.



Dietary Supplements

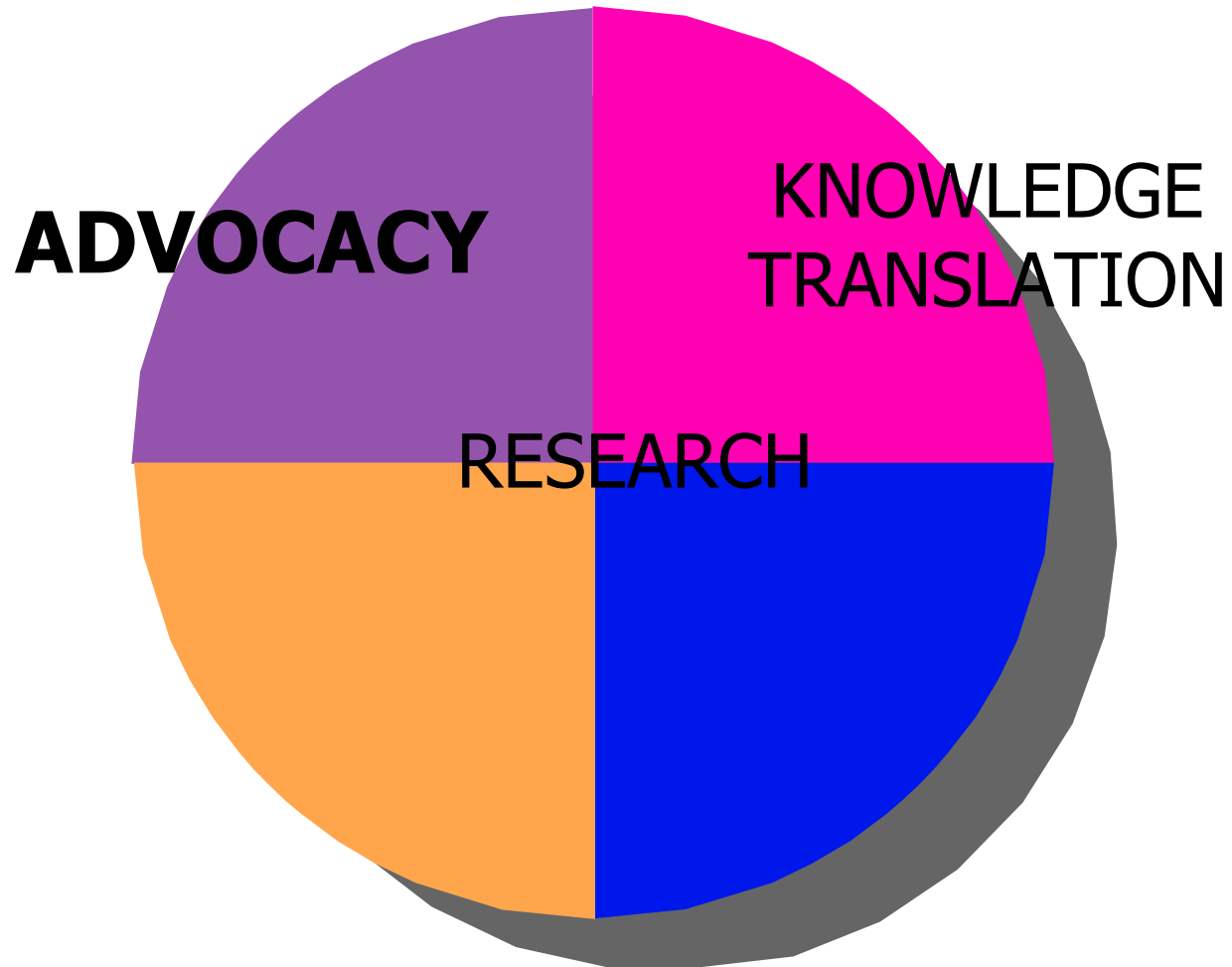
Be in the know on regulation of natural health products; benefits and risks associated with vitamin/mineral supplementation, herbs and specialty supplements with this evidence-based course developed by Dr. Theresa Glanville, PhD, Pdt, and other health experts. [\[Accreditation Information\]](#)

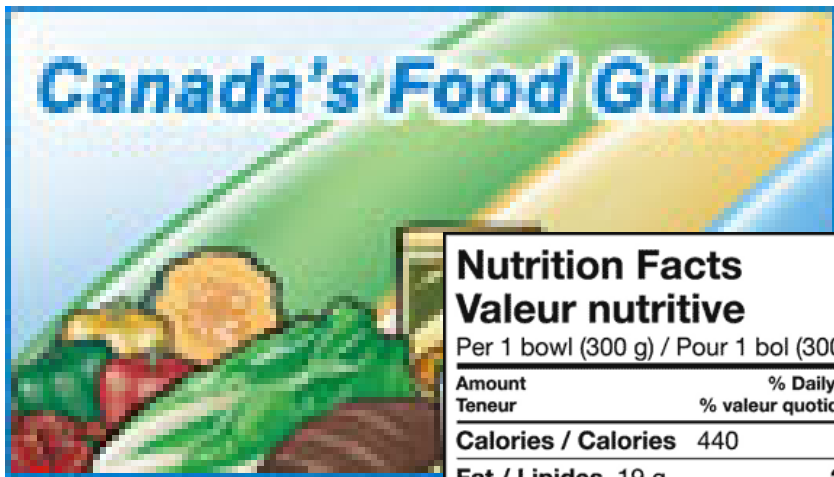


Dietary Reference Intakes (DRIs)

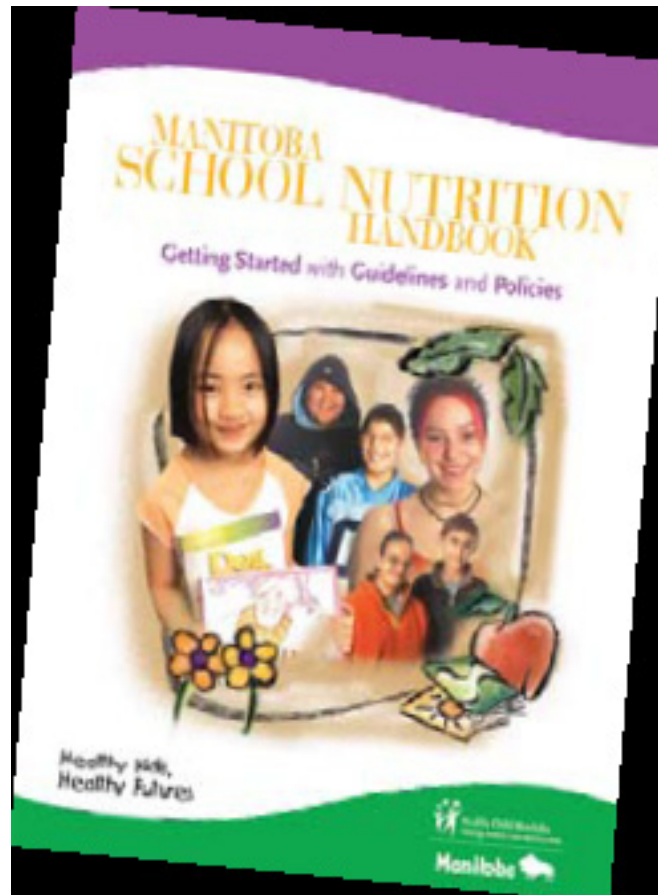
Application of DRIs is a required competency, regardless of your area of practice.

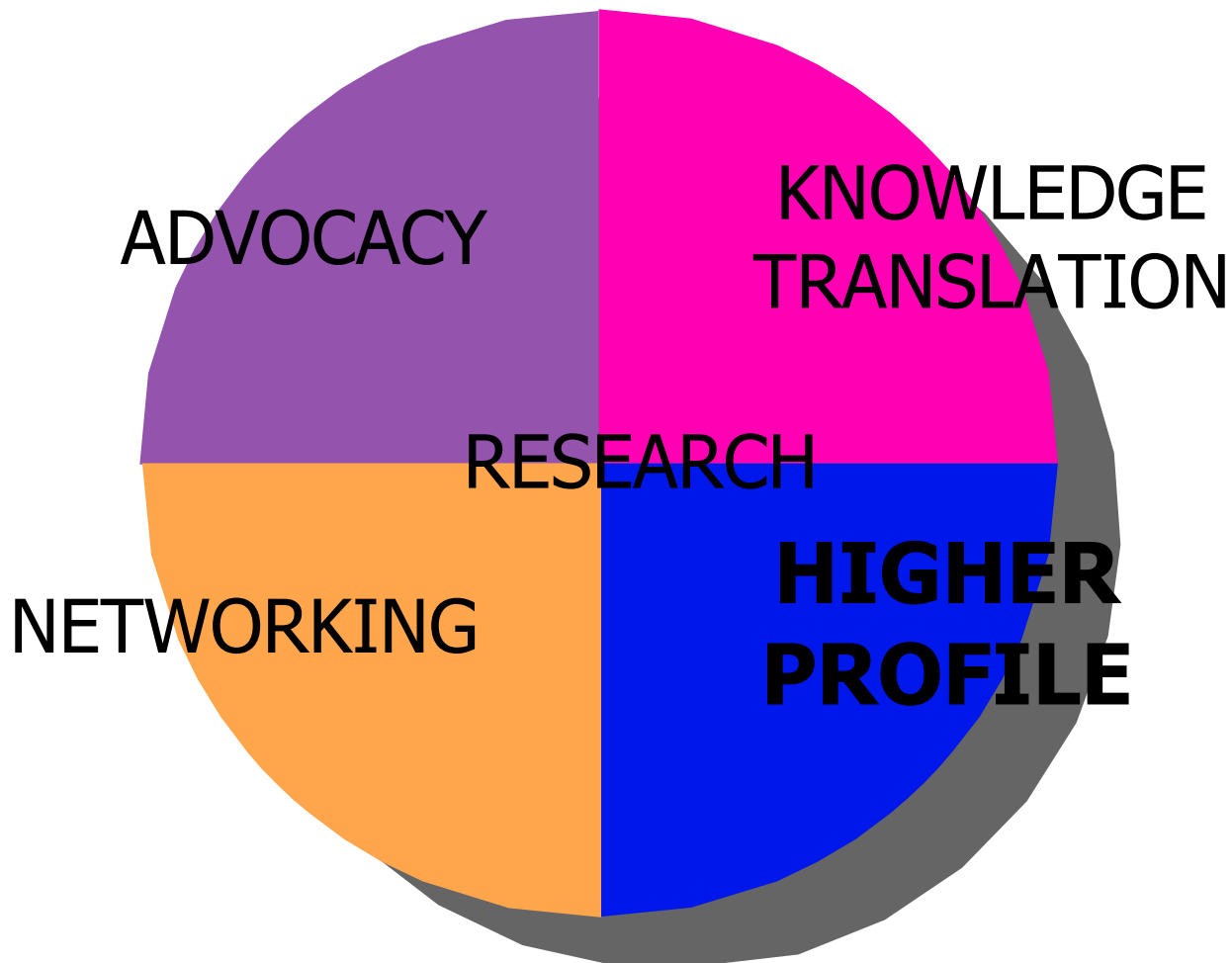
why





Nutrition Facts		Valeur nutritive	
Per 1 bowl (300 g) / Pour 1 bol (300 g)			
Amount		% Daily Value	
Teneur		% valeur quotidienne	
Calories / Calories	440		
Fat / Lipides	19 g		29 %
Saturated / Saturés	4 g		21 %
+ Trans / Trans	0.2 g		
Cholesterol / Cholestérol	35 mg		
Sodium / Sodium	860 mg		36 %
Carbohydrate / Glucides	53 g		18 %
Fibre / Fibres	4 g		16 %
Sugars / Sucres	6 g		
Protein / Protéines	15 g		
Vitamin A / Vitamine A			45 %
Vitamin C / Vitamine C			4 %
Calcium / Calcium			20 %
Iron / Fer			20 %







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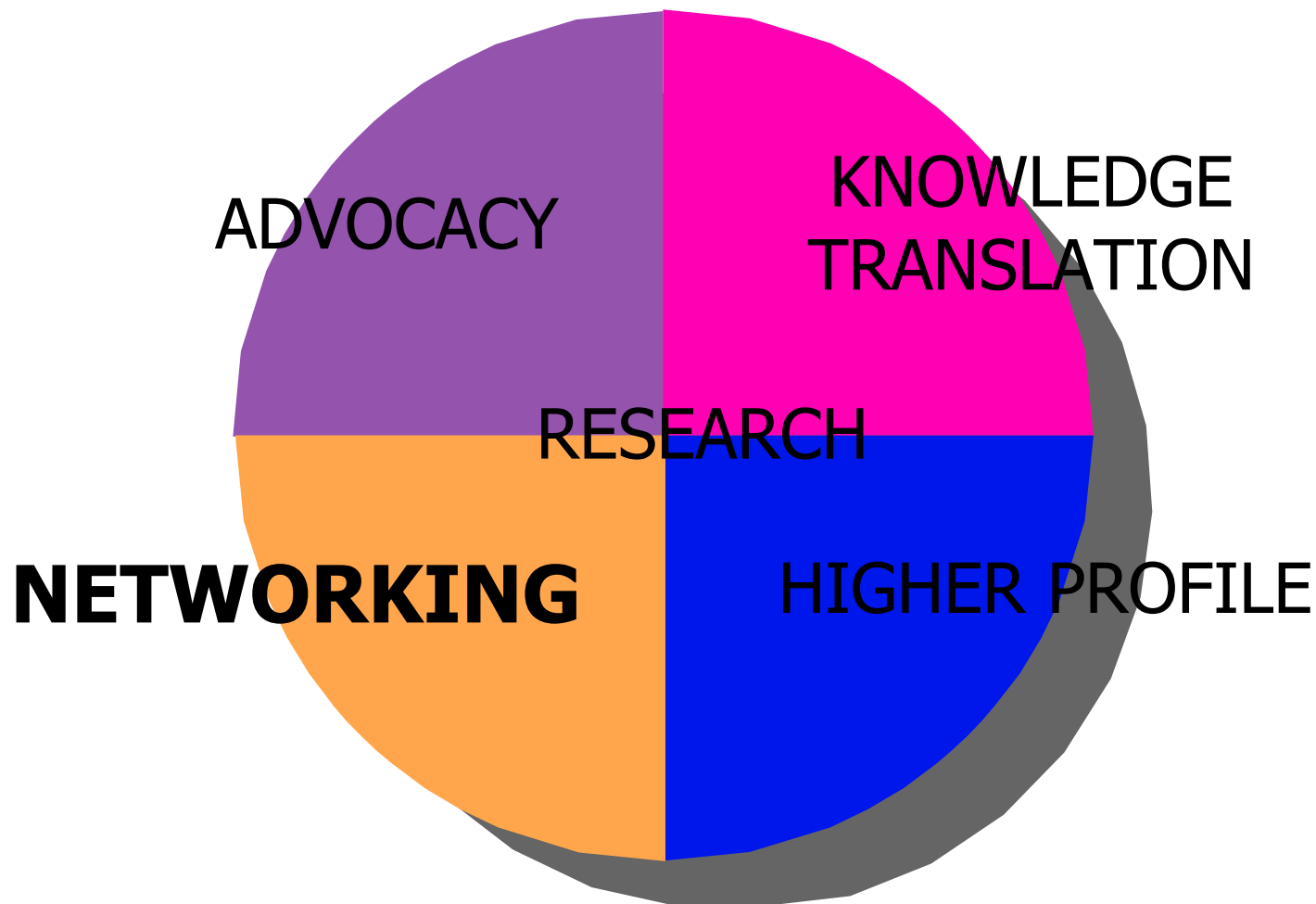
- Media skills training
- Interview and Expert
- Current Issues
Backgrounders



Nutrition Month® 2008
Spotlight on food and nutrition!



•Members, not DC staff, are profiled as the representatives of the profession at many policy tables





“The spectrum of DC activity is broad and deep...top notch resources...involvement in policy and planning with government and NGOs.... I’m truly proud to be a DC member!” *Barbara Riley*